

**Riverview School District**  
**Diet Prescription for Meals at School**

Student Name \_\_\_\_\_ Age \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Disability \_\_\_\_\_

Major Life Activity Affected \_\_\_\_\_

**OR** Non-Disabling Medical Condition \_\_\_\_\_

Brief Description of Medical Condition \_\_\_\_\_

Physician Request Diet Prescription (check all that apply):

Increased calorie \_\_\_\_\_ #kcal

Decreased calorie \_\_\_\_\_ #kcal

Diabetic

PKU

Food Allergy

Other \_\_\_\_\_

Texture Modification:

Chopped

Ground

Pureed

Liquefied

Tube Feeding:

Liquefied meal

Formula \_\_\_\_\_

Foods to Omit:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Foods to Substitute:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I certify the above-named student needs special school meals prepared as described above because of the student's disability or non-disabling medical condition.

\_\_\_\_\_  
Licensed Physician or Medical Authority Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Phone Number

Cc: School Office, Kitchen, Food Services District Office