

Riverview Schools Recognized as HealthierUS School Challenge Bronze Winners

Carnation Elementary School
Cherry Valley Elementary School
Stillwater Elementary
Eagle Rock Multi Age
Riverview Learning Center

Riverview School District schools are making national news by working to support and improve the health of our children and our community. On October 24, 2012 the HealthierUS School Challenge awarded five Riverview School District schools the bronze award in recognition for creating healthier school environments through the promotion of good nutrition and physical activities. To qualify, schools must meet stringent criteria for the school meal program, nutrition education, physical activities and school policies which support a wellness environment.

The HealthierUS School Challenge is a voluntary national certification initiative for schools participating in the National School Lunch Program. Sponsored by the USDA Food and Nutrition Service, the initiative encourages schools to take a leadership role in helping students make healthier eating and physical activity choices that will last a lifetime. Schools, such as these five schools in the Riverview School District, work hard to make changes to their school nutrition environment in order to:

- Improve the nutritional quality of the foods served
- Provide students with nutrition education
- Provide students with physical education and opportunities for physical activity.

The bronze award includes a monetary prize of \$500.00, an award plaque signed by a USDA official, a banner to display in their school, and their name listed on the Team Nutrition website.

The HealthierUS School Challenge application process was led by Kaye Wetli, SNS, Supervisor of Food Services. A team of school professionals reviewed the application, including the building principals and physical education teachers. Special recognition is also due to the District Food Services Department staff for their efforts in achieving school lunch menu changes leading to the bronze awards.

Kathy Lambert, King County Councilmember, will attend the District School Board meeting on January 8, 2013 to present Board of Health Certificates of Achievement for the bronze level to each of the schools.

For more information about the Healthier US School Challenge visit

<http://teamnutrition.usda.gov/HealthierUS/index.html>